

CKJS
Menu Week 1 (W/C 8th Jan, 5th Feb, 11th March)
 (Gluten Free in Green Vegetarian in Purple GF & Vegan in Blue)

	<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
RED	Chili Con Carne with Basmati Rice & Nachos (Nachos Contain Gluten)	Chicken & Vegetable Pie & New Potatoes (Contains Gluten & Milk)	Oven Baked Fillet of Fish & Chips (Contains Gluten & Fish)	Roast Chicken Breast, Sage & Onion Stuffing, Roast Potatoes & Gravy (Stuffing Contains Gluten)	Chicken Mangalore Malabar Curry with rice & Naan Bread (Naan Contains Gluten)
YELLOW	Penne Pasta with Tomato & Basil Sauce (Contains Gluten)	Fusilli Pasta with Herbs, Black Olives & Feta Cheese (Contains Gluten & Milk)	Vegetable Biryani	Macaroni Cheese (Contains Gluten & Milk)	Sun Blushed Tomato Pasta Bake (Contains Gluten & Milk)
	Garden Peas Mixed Salad	Broccoli Mixed Salad	Garden Peas or baked Beans	Carrots & Peas	Sweetcorn Mixed Salad
	Apple Crumble & Custard (Contains Gluten & Milk)	Chocolate Sponge & Chocolate Sauce (Contains Gluten, Egg & Milk)	Shortbread (Contains Gluten Egg & Milk)	Jelly	Ice Cream (Contains Milk)

CKJS
Menu Week 2 (W/C 15th Jan, 19th Feb, 18th March)
 (Gluten Free in Green Vegetarian in Purple GF & Vegan in Blue)

	<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
RED	Pasta Bolognaise & Garlic Bread (Contains Gluten)	Hunters Chicken & Spicy Potato Wedges (Contains Gluten & Milk)	Oven Baked Fillet of Fish & Chips (Contains Gluten & Fish)	Roast Gammon with Stuffing, Roast Potatoes & Gravy (Stuffing Contains Gluten)	Chicken Tikka Masala with Rice & Naan Bread (Naan Bread Contains Gluten)
YELLOW	Cheese & Onion Quiche & New Potatoes	Penne Pasta with Sun Dried Tomato, Fresh Herbs & Feta Cheese (Contains Gluten & Milk)	Butternut Squash & Feta Cheese Risotto (Contains Milk)	Vegetable Caribbean Curry & Basmati Rice	Mediterranean Pasta Bake (Contains Gluten & Milk)
	Peas Mixed Salad	Sweetcorn Mixed Salad	Garden Peas or Baked Beans	Carrots & Broccoli Mixed Salad	Mixed Vegetables Mixed Salad
	Apple & Cherry Crumble & Custard (Contains Gluten & Milk)	Treacle Sponge Pudding & Custard (Contains Gluten, Egg & Milk)	Chocolate Brownie (Contains Gluten Egg & Milk)	Jelly	Ice Cream (Contains Milk)

CKJS
Menu Week 3 (W/C 22nd Jan, 26th Feb, 8th April)
 (Gluten Free in Green Vegetarian in Purple GF & Vegan in Blue)

Monday

Tuesday

Wednesday

Thursday

Friday

RED

YELLOW

Chicken Hot Pot

Cottage Pie
(Contains Milk)

Chicken Burger & Chips
(Contains Gluten)

Roast Chicken & Yorkshire Pudding, Roast Potatoes & Gravy
(Yorkshire Contains Gluten)

Chicken Madras with Rice & Naan Bread (Naan Bread Contains Gluten)

Vegetable & Red Lentil Lasagne
(Contains Gluten)

Pasta with Fresh Herbs, Sun Dried Tomatoes & Black Olives
(Contains Gluten)

Roasted Vegetable & Mozzarella Tower
(Contains Milk)

Macaroni Cheese
(Contains Gluten & Milk)

Chickpea & Vegetable Cassoulet

Sweetcorn Mixed Salad

Carrots & Broccoli Mixed Salad

Garden Peas or Baked Beans

Carrots & Peas

Peas Mixed Salad

Summer Fruit Crumble & Custard
(Contains Gluten & Milk)

Chocolate & Vanilla Sponge & Custard
(Contains Gluten, Egg & Milk)

Lemon Drizzle Cake
(Contains Gluten, Egg & Milk)

Jelly

Ice Cream
(Contains Milk)

CKJS
Menu Week 4 (W/C 29th Jan, 4th March, 15th April)
 (Gluten Free in Green Vegetarian in Purple GF & Vegan in Blue)

	<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
RED	Pork sausages & Mashed Potato (Contains Gluten & Milk)	Beef Lasagna & New Potatoes (Contains Gluten & Milk)	Oven Baked Fillet of Fish & Chips (Contains Gluten & Fish)	Roast Loin of Pork with Stuffing, Roast Potatoes and Gravy (Stuffing Contains Gluten)	Chicken Rogan Josh Curry with Basmati Rice & Naan Bread (Contains Gluten)
YELLOW	Pasta with Sun Dried Tomatoes, Garlic & Fresh Herbs (Contains Gluten)	Mexican 5 Bean Chilli & Rice	Mediterranean Vegetable Pasta (Contains Gluten)	Cauliflower & Broccoli Cheese Bake (Contains Milk)	Roasted Vegetable & Tomato Pasta Bake (Contains Gluten & Milk)
	Peas Mixed salad	Broccoli Florets Mixed salad	Garden Peas or Baked Beans	Carrots & Green Beans Mixed salad	Sweetcorn Mixed Salad
	Rhubarb & Apple Crumble & Custard (Contains Gluten & Milk)	Jam Sponge & Custard (Contains Gluten, Egg & Milk)	Chocolate Shortbread (Contains Gluten, Egg & Milk)	Jelly	Ice Cream (Contains Milk)